

Information for the User

Calcitriol (0.25mcg) + Calcium Carbonate (500mg) + Omega-3 fatty acid (300mg) +
Methylcobalamin (1500mcg) + Folic Acid (400mcg) + Boron (1.5mg)

Calostyle D3 Max Softgel

Calcitriol (0.25 mcg) + Calcium Carbonate (500 mg) + Omega-3 Fatty Acid (300 mg) + Methylcobalamin (1500 mcg) + Folic Acid (400 mcg) + Boron (1.5 mg) Softgel

Composition

Each softgel contains:

- **Calcitriol: 0.25 mcg**
 - **Calcium Carbonate: 500 mg**
 - **Omega-3 Fatty Acid: 300 mg**
 - **Methylcobalamin: 1500 mcg**
 - **Folic Acid: 400 mcg**
 - **Boron: 1.5 mg**
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Description

This advanced softgel formulation combines Calcitriol, Calcium Carbonate, Omega-3 Fatty Acids, Methylcobalamin, Folic Acid, and Boron to support bone health, cardiovascular health, nerve function, and overall vitality.

- **Calcium Carbonate** provides a key mineral necessary for maintaining strong bones and teeth.
- **Omega-3 Fatty Acids** promote heart health, reduce inflammation, and support brain function.
- **Methylcobalamin** (the active form of Vitamin B12) plays a vital role in nerve health and red blood cell formation.
- **Folic Acid** supports cellular health, DNA synthesis, and red blood cell production.

This combination helps to manage bone density, promote cardiovascular health, and

enhance overall cellular and nervous system functions.

Indications

This softgel is indicated for:

- **Calcium and Vitamin D3 Deficiency:** To supplement calcium and Vitamin D3 levels.
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Mechanism of Action

- **Calcitriol:** Increases the absorption of calcium and phosphate from the intestines and helps regulate blood calcium levels, promoting bone mineralization and health.
 - **Omega-3 Fatty Acids:** Essential polyunsaturated fats that support heart health, reduce inflammation, and improve joint and brain function.
 - **Folic Acid:** Crucial for cell division, DNA synthesis, and the production of red blood cells, and helps prevent certain types of anemia.
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Contraindications

This softgel is contraindicated in individuals with:

- **Hypercalcemia** (elevated calcium levels)
- **Hypervitaminosis D** (excessive Vitamin D levels)

- Severe kidney disease or kidney dysfunction
- Hypersensitivity to any of the components in the softgel
- Pregnancy and breastfeeding: Use only under medical supervision if necessary.

- Kidney problems, especially in individuals with pre-existing kidney disease
- Allergic reactions: Rash, itching, swelling, or difficulty breathing

If any severe or unusual symptoms occur, discontinue use and consult a healthcare provider immediately.

Warnings and Precautions

- **Kidney Disorders:** Use with caution in individuals with kidney disease, as the combination of calcium, Vitamin D, and other minerals may affect kidney function. Monitor kidney function regularly.
- **Pregnancy and Breastfeeding:** Consult with a healthcare provider before using this product, as supplementation may need to be adjusted during pregnancy or breastfeeding.
- **Calcium and Vitamin D:** Long-term use may require monitoring of calcium levels in the blood to avoid hypercalcemia.
- **Bone Health:** This product should be used as part of a comprehensive approach to bone health, which includes weight-bearing exercise and a balanced diet.

Drug Interactions

- **Calcium Supplements:** High doses of calcium may interfere with the absorption of other medications. Separate the dosing of calcium and other drugs by at least 2 hours.
- **Antacids:** Antacids containing magnesium, calcium, or aluminum may interfere with the absorption of calcium carbonate and other minerals.

Storage

Store in a cool, dry place, away from direct sunlight and moisture. Keep out of reach of children. Do not store in the bathroom.

Possible Side Effects

Common side effects may include:

- Mild gastrointestinal discomfort such as bloating, constipation, or nausea
- Unpleasant aftertaste (common with Omega-3 supplements)
- Headache or dizziness

Rare but serious side effects may include:

- **Hypercalcemia (high calcium levels),** which may cause nausea, vomiting, muscle weakness, confusion, or fatigue

Note: Always follow your healthcare provider's instructions regarding the dosage and duration of use. Regular monitoring of calcium, Vitamin D, and kidney function may be necessary during long-term use of this supplement.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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